

# POLIGLOTA

## XIV KONKURS JĘZYKA ANGIELSKIEGO DLA KANDYDATÓW DO LICEUM

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IMIĘ I NAZWISKO (drukowanymi literami) \_\_\_\_\_

KLASA: \_\_\_\_\_ SZKOŁA: \_\_\_\_\_

WYNIK:

*GOOD LUCK!*

# 1 Przeczytaj tekst i wpisz brakujące wyrazy z ramki. Są tam również słowa zbędne.

able as buzzer considering excruciating invention limit  
received releases spleen to treat wagging

***Pet-owner Nat Morris has invented a hi-tech way of feeding his dog – by Twitter.***

IT consultant Nat Morris, 30, uses an electronic system to give his border terrier Toby a 'tweet meal' by sending him a Twitter message to @FeedToby.

Mr Morris spends a lot of time working away from home and isn't always \_\_\_\_\_ to feed four-year-old Toby by hand. But, by using his new \_\_\_\_\_, he can send his dog a \_\_\_\_\_ from anywhere in the world.

When a tweet is sent, it is \_\_\_\_\_ by a mini-computer, and a \_\_\_\_\_ sounds alerting Toby. A motor from a small HP printer comes to life and pulls open a trap door which \_\_\_\_\_ a serving of food down a tube and into Toby's food bowl below.

Mr Morris said: 'Toby absolutely loves it. At first, he didn't know what was going on. Now he sits underneath, \_\_\_\_\_ his tail and waiting for the food \_\_\_\_\_ drop.'

And he has even installed an online camera so he can see Toby eating at his home in Milford Haven, west Wales. He is \_\_\_\_\_ patenting his system but one problem is that friends and family have been sending tweets to Toby.

'People have been sending him food at all hours of the day – so I had to \_\_\_\_\_ it to between nine in the morning and nine in the evening,' he added.

**BODY SUFFERS AGEING SYMPTOMS WITH TOO LITTLE SLEEP**

Sacrificing sleep to longer working hours and nights on the town could bring about changes in the body similar to ageing, according to new medical research.

A study of the effects on the body of the sleep-debt which is increasingly common at the end of the 20th century has had startling results. Although the study was small – [\_\_\_\_\_] - it found "striking changes" in the way their bodies functioned.

Chicago-based scientists found that successive nights of four hours' sleep [\_\_\_\_\_] . These changes "resemble some of the hallmarks of ageing". The scientists suggest [\_\_\_\_\_] could increase the severity of age-related diseases [\_\_\_\_\_] . They also suggest that young, healthy adults may need more than the standard night's sleep. Their volunteers biologically performed better when they had slept for more than eight hours.

What is considered as normal average sleep duration has decreased [\_\_\_\_\_] to about 7.5 hours now. Many shift workers sleep an average of five hours a night on working days. The 11 young men slept eight hours a night for three nights, then four hours for six nights and then spent 12 hours a night in bed for a further week [\_\_\_\_\_] . The six nights of little sleep had a noticeable [\_\_\_\_\_] . "Less than one week of sleep shortage in healthy young people is associated [\_\_\_\_\_] ," the scientists say. "Sleep debt could have long-term negative effects on health. We suspect that chronic sleep loss may not only speed up the onset [\_\_\_\_\_] of age-related diseases such as diabetes, high blood pressure, obesity and memory loss."

Tests showed that the volunteers underwent profound changes in glucose metabolism during sleep deprivation, in some cases resembling patients with diabetes. At the peak of sleep loss they took 40% longer than normal to regulate their blood sugar levels after a high carbohydrate meal. Their ability to produce and respond to insulin fell by about 30%. A similar decrease in insulin response is an early warning of diabetes. Sleep deprivation also increased blood levels of the stress hormone cortisol, which is typical of much older people. All these abnormalities faded away during the recovery period, [\_\_\_\_\_] .

*Adapted from: The Guardian, October 22, 1999*

- A** *such as diabetes and high blood pressure*
- B** *effect on their bodies*
- C** *to recover from the sleep debt*
- D** *the volunteers finally recovered from sleep loss*
- E** *that chronic sleep loss*
- F** *when the volunteers spent 12 hours in bed*
- G** *from about nine hours a night in 1910*
- H** *with striking changes in metabolic and hormonal function*
- I** *11 young men aged between 18 and 27 took part*
- K** *affected the metabolism and hormonal functioning of the body*
- L** *but could also increase the severity*

**# 3** Uzupełnij poniższe zdania jednym słowem. Liczba kresek odpowiada liczbie liter.

1. The milk should have been put in the fridge – it's gone **s** \_ \_ \_ .
2. She **s** \_ \_ \_ \_ **d** the chocolate cake, and then went on to try the cheesecake.
3. My new jeans fit me like a **g** \_ \_ \_ \_ and they are really comfortable.
4. Trees naturally absorb carbon dioxide and, in its place, produce \_ \_ **y** \_ \_ \_ .
5. Not only do vegans not eat meat, but they do not eat fish, poultry or **d** \_ \_ \_ \_ products either.
6. It's rather **c** \_ \_ \_ \_ today. You'd better put on a jacket.
7. He avoids long flights and always has tablets handy because he **s** \_ \_ \_ \_ \_ from travel sickness.
8. Last summer we went on holiday to a beach \_ \_ **s** \_ **t** in southern Spain for a week.
9. It was very **i** \_ **s** \_ \_ \_ \_ \_ **e** of you to leave the dog outside all night.
10. Christmas shoppers are faced with long **q** \_ \_ \_ \_ **s** at the tills, last minute shopping trips and midnight gift wrapping.

**# 4** Fragmenty zdań napisane drukowanymi literami przetłumacz na język angielski.

1. She dances really **DOBRE**. \_\_\_\_\_
2. You can go out as soon as you **ZROBISZ** your homework. \_\_\_\_\_
3. He lives next door, **PRAWDA** ? \_\_\_\_\_
4. The house **NIE ZOSTAŁ SPRZEDANY**, yet. It's too expensive. \_\_\_\_\_
5. We have **ZBYT MAŁO** volunteers to start the campaign. \_\_\_\_\_
6. He has been **NIGDZIE INDZIEJ** so far, only to Mexico. \_\_\_\_\_
7. If it hadn't been for my mom, **NIE BYŁBYM** the person I am now. \_\_\_\_\_
8. **KTO KUPIŁ** you this beautiful necklace? \_\_\_\_\_
9. These books don't belong to me. They're **MOJEJ SIOSTRY**. \_\_\_\_\_
10. This is by far **NAJGORSZY** performance I've seen so far. \_\_\_\_\_

**# 5** Czasowniki podane w nawiasach wstaw w odpowiedniej formie.

1. We couldn't afford a professional photographer, so our wedding photos \_\_\_\_\_ **(take)** by our friend Denise.
2. We'd better hurry. The film \_\_\_\_\_ **(start)** in ten minutes.
3. Vicky \_\_\_\_\_ **(live)** in Bradford for ten years before she moved to Oxford.
4. How long ago \_\_\_\_\_ **(you / start)** going to the gym?
5. I wouldn't have sold the car if it \_\_\_\_\_ **(not / be)** necessary.
6. My dad will hit the roof when he \_\_\_\_\_ **(find)** out about the scratch on his car.
7. Do you remember \_\_\_\_\_ **(paint)** the walls in our first flat? It was such a long time ago.
8. I \_\_\_\_\_ **(already / feed)** the dog. All you have to do is make sure she has enough water to drink.
9. I am looking forward to \_\_\_\_\_ **(go)** on holidays. I am so excited.
10. What \_\_\_\_\_ **(you / do)** tonight? Do you feel like going to the bowling alley with me?

## KLUCZ

### Zadanie 1.

Mr Morris spends a lot of time working away from home and isn't always **able** to feed four-year-old Toby by hand. But, by using his new **invention**, he can send his dog a **treat** from anywhere in the world.

When a tweet is sent, it is **received** by a mini-computer, and a **buzzer** sounds alerting Toby. A motor from a small HP printer comes to life and pulls open a trap door which **releases** a serving of food down a tube and into Toby's food bowl below.

Mr Morris said: 'Toby absolutely loves it. At first, he didn't know what was going on. Now he sits underneath, **wagging** his tail and waiting for the food **to** drop.'

And he has even installed an online camera so he can see Toby eating at his home in Milford Haven, west Wales. He is **considering** patenting his system but one problem is that friends and family have been sending tweets to Toby.

'People have been sending him food at all hours of the day – so I had to **limit** it to between nine in the morning and nine in the evening,' he added.

### Zadanie 2.

I, K, E, A, G, C, B, H, L, F

### Zadanie 3.

- |            |            |                             |            |          |                  |
|------------|------------|-----------------------------|------------|----------|------------------|
| 1. sour    | 2. sampled | 3. glove                    | 4. oxygen  | 5. dairy | 6. chilly/cloudy |
| 7. suffers | 8. resort  | 9. insensitive / insensible | 10. queues |          |                  |

### Zadanie 4.

1. well
2. do / have done
3. doesn't he
4. hasn't been sold
5. too few
6. nowhere else
7. I wouldn't be
8. Who bought / has bought
9. my sister's
10. the worst

### Zadanie 5.

1. were taken
2. starts
3. had lived / lived / had been living
4. did you start
5. hadn't been
6. finds
7. painting
8. have already
9. going
10. are you doing / are you going to do